

Resources: Creating a Trauma-Informed Workplace

Videos

- Trauma and the brain
<https://www.youtube.com/watch?v=4-tcKYx24aA>
- Becoming trauma-informed
<https://www.youtube.com/watch?v=zg8ahtHIRxU>
- Trauma in the workplace TED Talk
https://www.youtube.com/watch?v=fA5leHL_RYI



Further information

- Trauma-informed communication
<https://www.dave-bailey.com/blog/nonviolent-communication>
- NES Trauma-informed learning
<https://learn.nes.nhs.scot/37896>