

Vacancies: First Psychology Academy, starting October 2025

Locations: Roles may be available in Aberdeen, Dundee, Edinburgh, Glasgow, Inverness, Newcastle, Peebles, or Perth

Are you a newly qualified therapist (counsellor, psychotherapist, CBT therapist) or an advanced trainee in applied psychology? Join our thriving independent therapy practice as an employed advanced skills practitioner (part-time) and learn skills, gain experience, and build confidence in your therapy practice.

The role offers:

- A starting salary of £24k (pro rata), plus a funded supervision and support package worth up to £3k
- A part-time work pattern of 0.4FTE
- An initial 12 month contract with possible extension of up to one year
- A thorough programme of training and mentoring managed by a dedicated member of the academy team
- Free one-to-one clinical supervision from a highly experienced supervisor
- Membership of a regular peer-support group (participation required) facilitated by an experienced clinical practitioner

Plus: the opportunity to work within a large pluralistic community of therapeutic practitioners offering extensive networking and learning activities | free access to the First Psychology annual conference, study days and other peer-development activities | free access to certified CPD courses provided by www.firstpsychology-institute.co.uk | the opportunity to undertake research presentations, webinars, training events and other professional activities | Access to an academy 'development fund' providing small bursaries to support attendance at conferences and study days.

There may also be a chance to progress into permanent employment or to apply as a self-employed partner with First Psychology.

Find out more

To find out more, [download our detailed brochure](#)

Apply

To apply, [please complete our online application form](#)

The closing date for applications is:

27 June 2025 at 12 noon

and interviews will be held

during w/c 14 July 2025

