

# Dementia and Alzheimer's Disease – Resources

## Resources

### **Further Information about Dementia and Alzheimer's**

- Age UK Information about Dementia, <https://www.ageuk.org.uk/information-advice/health-wellbeing/conditions-illnesses/dementia>
- Alzheimer's Scotland, <https://www.alzscot.org>
- Alzheimer's Society, <https://www.alzheimers.org.uk>
- Alzheimer's Research UK, <https://www.alzheimersresearchuk.org>
- Dementia UK, <https://www.dementiauk.org>
- NHS Dementia Guide, <https://www.nhs.uk/conditions/dementia>
- World Health Organisation's Key Facts and Statistics about Dementia: <https://www.who.int/news-room/fact-sheets/detail/dementia>

### **Information for carers and those supporting loved one's affected by dementia and Alzheimer's**

- Information for those who care for someone, need care themselves, or are planning for their future care needs, <https://www.careinfoscotland.scot>
- Carer's Trust, find support in your area, <https://carers.org>
- NHS Coping with dementia behaviour changes, <https://www.nhs.uk/conditions/dementia/living-with-dementia/behaviour>

## References/further reading

- Ray, S. & Davidson, S. (2014). Dementia and cognitive decline. Age UK. Retrieved September 2023 from: [https://www.ageuk.org.uk/globalassets/age-uk/documents/reports-and-publications/reports-and-briefings/health--wellbeing/rb\\_oct14\\_cognitive\\_decline\\_and\\_dementia\\_evidence\\_review\\_age\\_uk.pdf](https://www.ageuk.org.uk/globalassets/age-uk/documents/reports-and-publications/reports-and-briefings/health--wellbeing/rb_oct14_cognitive_decline_and_dementia_evidence_review_age_uk.pdf)
- Hugo, J., & Ganguli, M. (2014). Dementia and cognitive impairment: Epidemiology, diagnosis, and treatment. *Clinics in Geriatric Medicine*, 30(3), 421-442.