

Keeping you safe at First Psychology's centres



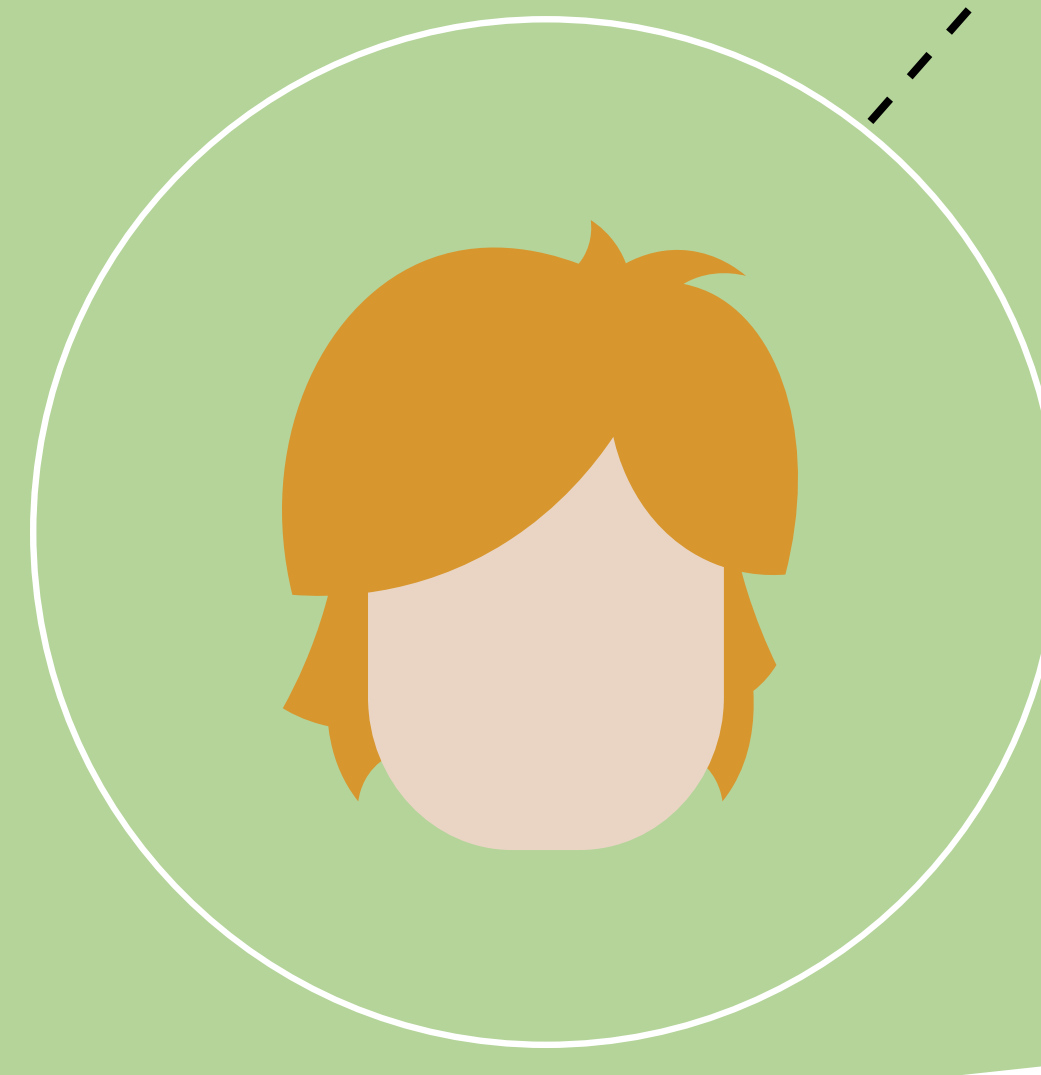
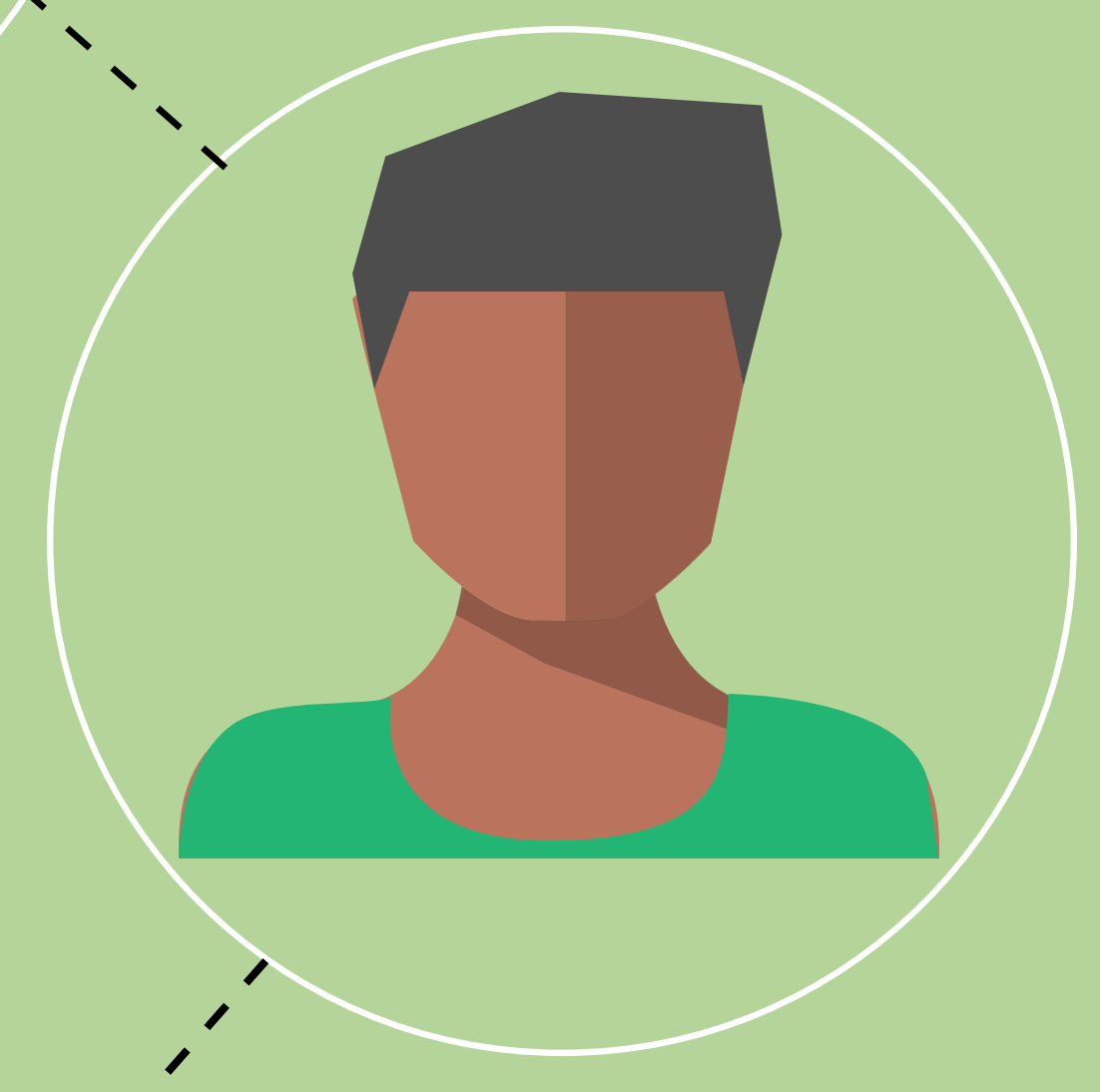
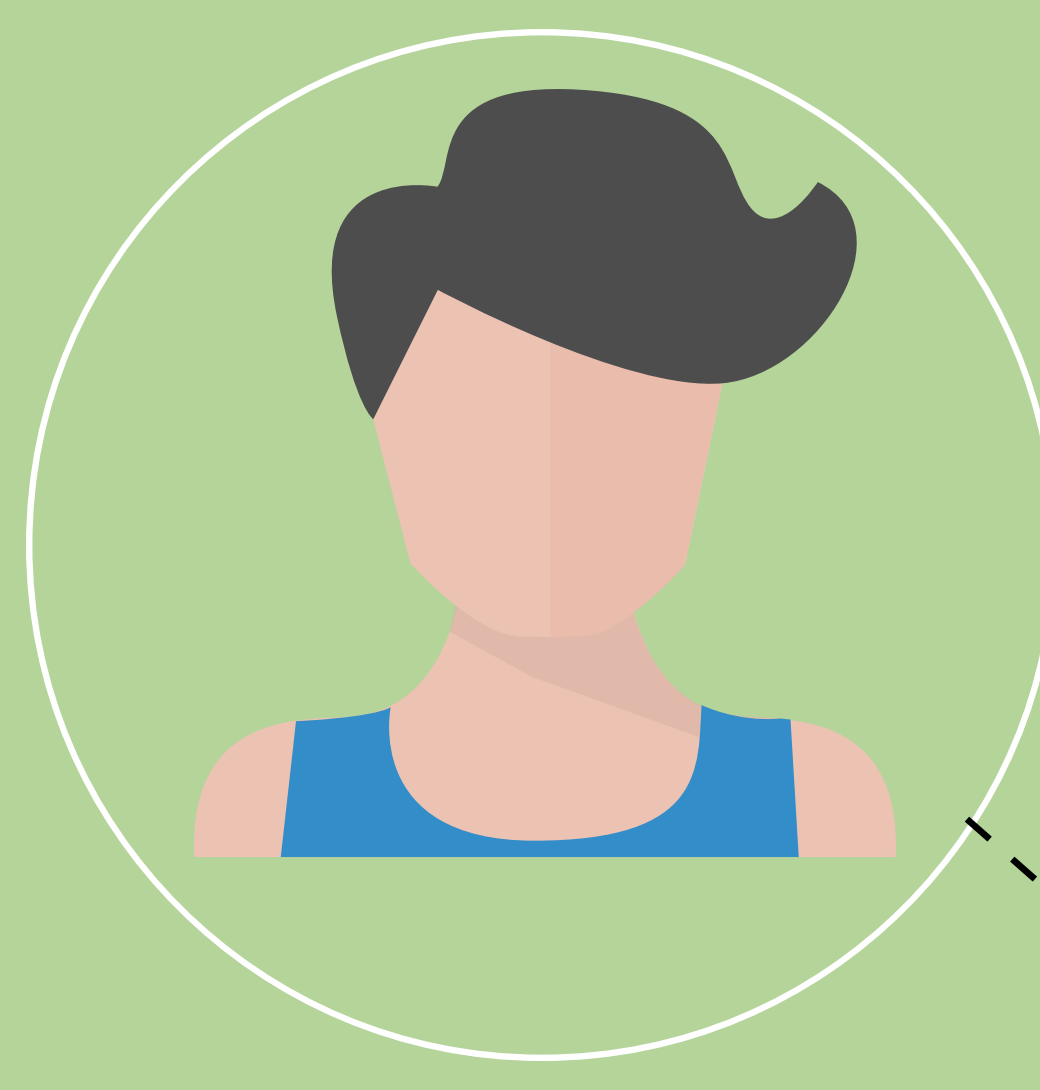
In order to maintain safety and comfort for all of our clients, we will continue to retain some covid protections at our centres.



1. We continue to maintain our social distancing system

All of our centres are carefully managed to maximise social distancing. This includes waiting areas, communal spaces and therapy rooms.

We stagger our appointment times to minimise contact in communal areas.



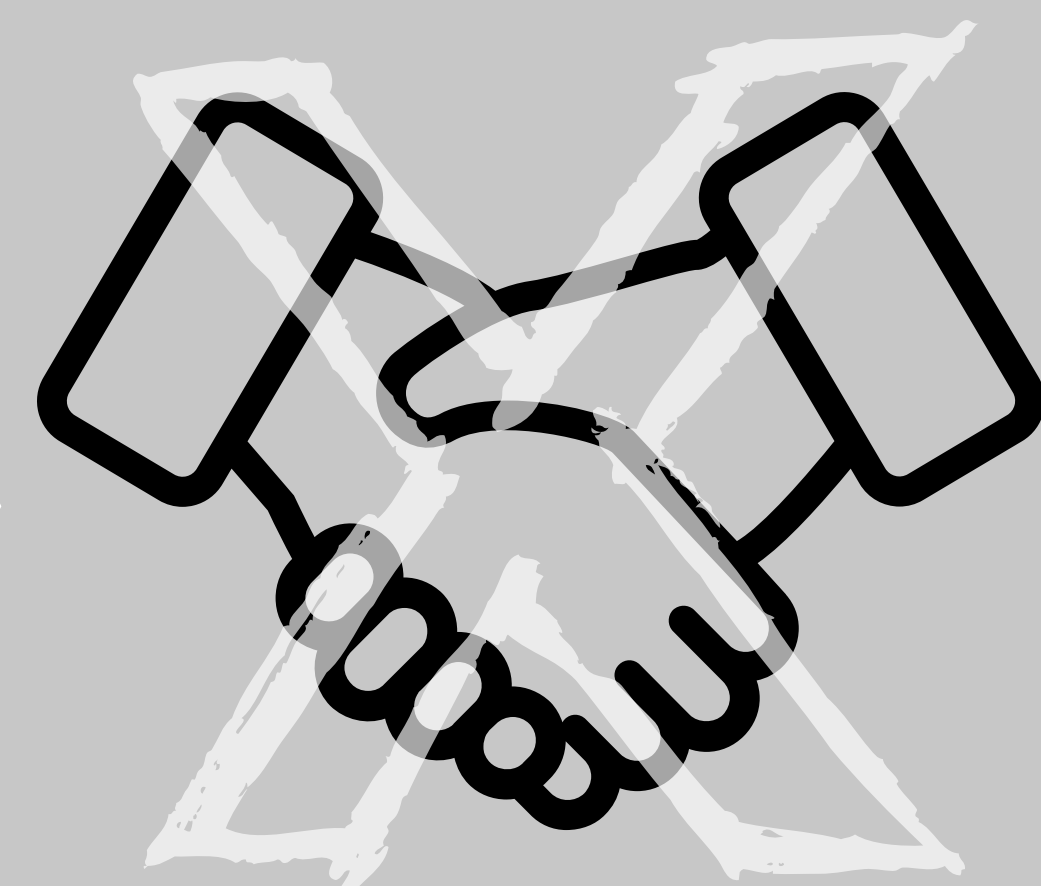
2. We ask clients to help us

Please aim to arrive as close to your appointment time as possible to minimise waiting in shared (socially distanced) spaces.



3. We continue to operate a no contact policy

Not everyone is comfortable with contact at the moment and we respect this by operating a no-touch policy.



4. We continue to have hand sanitiser available

We continue to provide hand sanitiser in all of our centres and our washrooms are also available. We encourage all clients to make use of these facilities upon entering our centres and prior to leaving for their own wellbeing.



5. We continue to support clients and practitioners who wish to wear a face covering

Our centres are not busy indoor spaces but we do know that wearing face coverings can be helpful and we encourage you to do so, if you wish to, when visiting our centres.



6. We continue to clean regularly

We continue to clean regularly between clients. Please help us by washing your hands when you arrive.

7. We continue to encourage card payments

It is safer and easier if you pay for your session using our chip and pin machines if this is possible.



8. Stay at home if you have symptoms of Covid-19

If you have symptoms of covid, please do not come to see us in our centres. We are happy to work with you online or by telephone until you feel better.

We look forward to welcoming you to our centres soon!