

Understanding Autism in Women and Girls

Information and Resources

Books

- Shana Nichols, Gina Marie Moravcik and Samara Pulver Tetenbaum: *Girls growing up on the autism spectrum: What Parents and Professionals Should Know About the Pre-Teen and Teenage Years*, Jessica Kingsley Publishers
- Cathy Wessels: *Nurturing Your Autistic Young Person: A Parent's Handbook to Supporting Newly Diagnosed Teens and Pre-Teens*, Jessica Kingsley Publishers
- Sarah Hendrickx and Jessica Hendrickx: *Women and Girls on the Autism Spectrum*, Second Edition: *Understanding Life Experiences from Early Childhood to Old Age*, Jessica Kingsley Publishers

Websites

- National Autistic Society web page on diagnosis, <https://www.autism.org.uk/advice-and-guidance/topics/diagnosis>
- National Autistic Society web page on autism and gender identity, <https://www.autism.org.uk/advice-and-guidance/what-is-autism/autism-and-gender-identity>
- Very Well Mind web page on autism in girls, <https://www.verywellhealth.com/signs-of-autism-in-girls-260304>
- Clinical Partners web page on autistic traits in girls, <https://www.clinical-partners.co.uk/insights-and-news/item/the-autistic-traits-you-might-not-think-to-look-for-in-girls>
- Autism Parenting Magazine, web page on autism in girls, https://www.autismparentingmagazine.com/signs-of-autism-in-girls/#The_Psychological_Impact_of_Late_Autism_Diagnosis_in_Girls
- Simmons University web page on interventions for girls and women with autism, <https://online.simmons.edu/blog/interventions-girls-women-autism-spectrum/>

Videos

- Behind the mask: autism for women and girls, <https://www.youtube.com/watch?v=Tbes1mm2VgM>
- Hiding in plain site: girls with autism spectrum disorder, <https://www.youtube.com/watch?v=XJ0weHzBagU>