

Couples Counsellor/Couples Psychotherapist

Location: First Psychology Aberdeen

Start: February/March 2025

Enjoy a rewarding, stimulating and busy independent practice as a self-employed practitioner working in partnership with a leading clinical organisation in Aberdeen.

This role will commence in February/March 2025 and offers the potential to generate a significant income and earn from £42 per 50 minute session, which will depend on skills and experience.

- Suitable for qualified and experienced couples counsellor/couples psychotherapist professionals who hold relevant certificates in couples therapy
- senior roles available for suitably qualified and experienced practitioners.
- Full-time or part-time in person roles available (minimum commitment of 0.3FTE, including the availability to work evenings).
- Chance to become part of a busy and growing practice in Aberdeen.
- Provides mentoring and support in running your own independent practice in partnership, as well as CPD, peer-support and training opportunities.
- Offers the opportunity to generate a stable and significant income from your clinical work.

Job description and person specification

Introduction

First Psychology is a leading independent provider of counselling and psychological therapies in Scotland. With 11 bespoke therapy centres as well as an established online portal, we deliver services to individuals and organisations. We work with over 120 practitioners from a range of backgrounds including counselling/psychotherapy, CBT, counselling psychology, clinical psychology, and coaching. We also have our First Psychology Institute which provides CPD and training opportunities to those working in partnership with us.

About the role

This **self-employed partnership role**, based in our Aberdeen service at 5 Golden Square, will provide the opportunity to offer a therapeutic role **specialising in couples and relationships therapy**. Some online work may be required. Work with self-referred adults and clients referred by organisations and businesses will also be necessary.



Who should apply

We will accept applications from any practitioner with a postgraduate qualification in counselling/psychotherapy along with significant **clinical experience working with couples and who hold relevant certificates in couples' therapy**. We would normally expect practitioners working with us to hold accreditation with an appropriate professional body or to be significantly advanced in their pursuance of this. Additionally, the availability to offer at least one evening clinic is required.

Applicants should be able to demonstrate an outstanding ability to integrate clinical practice and professional learning, and to engage professionally within a highly reputable organisation. We are looking for practitioners with the following competencies:

- Highly developed clinical skills in counselling/psychotherapy
- **Specialist skills in working with couples and relationships**
- An ability to understand clinical presentations and needs, and to develop an effective approach to meeting these using established counselling and/or psychotherapeutic models.
- An ability to undertake both short-term and longer-term therapeutic work with clients
- An ability to work independently but also within a pluralistic, multi-profession 'psychological community'
- Highly developed personal management and communication skills, including the effective use of IT.
- Flexibility and adaptability in approach, with an advanced ability to learn and develop new skills and understandings.
- A mature and highly professional approach in working with clients from a range of backgrounds.

How to apply

To apply, please complete our [online application form](#). Please note we will ask you to provide the following:

- Your CV
- A brief statement detailing your relevant experience/qualifications – **making specific reference to your experience working with couples** – and suitability for this role and any days of the week you would be unavailable to work due to other commitments
- A summary of your ongoing clinical, professional, learning and other work activities at present and as envisaged should your application be successful

To find out more and/or to express an interest, please email hello@firstpsychology.co.uk or you can also call us on **01224 452848**.

This advert will remain open until suitable candidates have been appointed.

