

A career in clinical psychology



“It’s about being able to create change and create hope for people...you can always make some sort of difference.”

“You can’t just have a standard set of questions to ask... you have to be able to adapt that depending on the difficulty the client brings along”

**Dr Lindsay McKean,
Clinical Psychologist**

A career in clinical psychology involves the assessment and treatment of people in psychological distress. Clinical psychologists work mainly in healthcare settings such as in hospitals, health centres and community mental health teams. Some also work independently with organisations like First Psychology.

Different variations

There are many different methods a clinical psychologist might use when working with clients. These include psychological therapy, psychometric tests, interviews or direct observation of behaviour.

It’s not just about the approach

Clinical psychologists often work collaboratively with other professionals in multidisciplinary teams to deal with more complex mental illnesses.

Who can I work with?

Clinical psychologists mainly work with clients with mental illnesses and psychiatric problems but can also help people with learning difficulties, relationship problems or family issues.

Minimum requirements

- A doctorate in clinical psychology (approved by HCPC) or equivalent
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